

# Interleukin-17 Serum Levels and TLR4 Polymorphisms in Ulcerative Colitis

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## ABSTRACT

**Background:** Inflammatory bowel disease, an autoimmune disease, has two clinical manifestations including Crohn's disease and ulcerative colitis (UC). IL-17 has been the target of intensive research in autoimmune diseases. The influence of Toll like receptor 4 (TLR-4) gene polymorphisms on IL-17 production has also been revealed in UC patients and tissue inflammation in mice. **Objectives:** To investigate the association between the TLR-4 gene polymorphisms, Asp299Gly and Thr399Ile and IL-17 serum levels with ulcerative colitis. Additionally, we aimed to study modulation effects of forenamed gene polymorphisms on IL-17 serum levels in UC patients and controls. **Methods:** A total of 256 healthy controls and 85 UC patients enrolled in our study. DNA was extracted and PCR-RFLP technique was employed to determine Asp299Gly and Thr399Ile polymorphisms in TLR-4 gene and IL-17 serum levels were measured by ELISA method. **Results:** There was no significant difference between the frequency of Asp299Gly A>G and Thr399Ile C>T in UC patients and controls. While IL-17 serum levels in UC patients were significantly higher than controls ( $p=0.003$ ), no significant difference in IL-17 levels between different genotypes existed. Additionally, a significant inverse relationship was observed between hemoglobin level and IL-17 serum levels in UC patients ( $p=0.039$ ). **Conclusions:** Increased IL-17 serum levels in our UC patients might be explained through the synergistic activity of IL-17/IL-23 axis and pro-inflammatory cytokines, causing severe clinical outcome in patients with IBD. The prolonged excretion of blood in stool driven by inflammatory process which causes iron metabolism disorder and anemia may elucidate the inverse correlation between hemoglobin and IL-17 serum levels in UC patients. Lack of association between the TLR-4 gene polymorphisms and UC in our study was consistent with the results from other Caucasian populations.

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**Keywords:** Asp299Gly, Gene, IL-17, Thr399Ile, Toll-Like Receptor 4, Ulcerative Colitis

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## INTRODUCTION

Ulcerative colitis (UC) and Crohn's disease (CD) are two clinical presentations of inflammatory bowel disease (IBD) that affects the lining of the large intestine, causing congestion, edema and ulceration of the mucosa. IBD is a multi-factorial disease with different causes including genetic, innate immune status of the individual and environmental factors (1). Several studies have been performed in order to determine genetic factors in the development of IBD representing candidate genes for the disease such as CARD15/NOD2, TNF- $\alpha$ , MDR1 and IL-23 receptor (2-5). After the discovery of Toll like Receptor 4 (TLR4) gene in 1998, many studies were focused on TLR4 gene polymorphisms and their association with various diseases (6-11). From different types of mutations recorded in the TLR4 gene, two single nucleotide polymorphisms (SNPs), Asp299Gly (rs4986790) and the Thr399Ile (rs4986791) in this receptor are reported to be more important (7). However, there are controversial reports of TLR4 gene polymorphisms association with UC and CD among races (12-16). On the other hand, the cytokines are known as one of the main immunologic mediators to control physiological dysfunction in IBD (17). Additionally, loss of balance of the T cell subsets, such as T regulatory, Th1, Th2, and Th17 and consequently variation in the secretion of cytokines from these cells influences susceptibility to IBD (18). IL-17 is one of the cytokines that is considered to have important role in immunological disorders such as chronic inflammation (19) and IBD (20-24). Moreover, it appears that IL-23 plays a major role in pathogenesis of IBD (25) and activation of the IL-23/ IL-17 axis has fundamental role in this disease (24). Additionally, results from an animal model show that disease-associated tissue inflammation is correlated with IL-17 through TLR-4 signaling and an interaction between these genetics and immunological factors may introduce new insights for better understanding of pathology and treatment of chronic inflammatory disease (26). The rationale for the present study was to investigate the allele frequency of TLR4 gene at positions rs4986790, rs4986791 and IL-17 serum levels in a sample of Iranian population in order to determine the relationship between these factors and UC in our population. Another aim of our study was to look into the influence of TLR4 gene polymorphisms on IL-17 serum levels in patients with ulcerative colitis as well as healthy controls.

## MATERIALS AND METHODS

**Subjects.** This case-control study was designed to determine the association of IL-17 serum levels and TLR4 gene polymorphisms with UC. A total of 256 healthy controls from Kerman Blood Transfusion Centre and 85 patients with UC enrolled in our study. Variables such as age, gender, experimental results related to genetic analysis of TLR-4 gene polymorphisms and IL-17 serum levels were established for all participants. Occupation, education, duration of disease, smoking, consumption of narcotic drugs, family history of disease and appendectomy, use of OCP, immunosuppressive drugs, hemoglobin level, ESR, CRP, bowel movements, blood in the stool, temperature more than 37.5 degrees, tachycardia and severity of disease were determined for UC patients, too. All patients underwent endoscopic investigation to diagnose UC according to the protocol of American Gastroenterology Association (27). Clinical history, and disease status was confirmed by a gastroenterologist. Demographic and clinical data are summarized in Table 1.

**Table 1. Demographic and clinical characteristics of the study population.**

Variables	UC No. (%)	Control No. (%)
<b>Gender</b>		
Male	38 (44.7)	136 (53,12)
Female	47 ( 55.3)	120 (46,87)
<b>Age (yr)</b>	38 ± 16	37 ± 12
Range	(84-14)	(66-19)
<b>Disease duration (yr)</b>	3.44 ± 3.07 <sup>@</sup>	-
<b>Bowel movements</b>		
Mild	45 (52.9)	-
Moderate	28 (32.9)	-
Severe	12 (14.1)	-
<b>Immunosuppressive drugs</b>		
Cytotoxic and steroidal	14 (16.5)	-
ASA	40 (47.1)	-
others	31 ( 36.4)	-
<b>Anemia</b>		
Mild	41 (48.2)	-
Moderate	35 (41.2)	-
Severe	9 (10.6)	-
<b>Blood in Stool</b>		
Mild	39 ( 45.9)	-
Moderate	26 (30.6)	-
Severe	20 ( 23.5)	-
<b>Tachycardia</b>		
Mild	72 ( 84.7)	-
Severe	13 ( 15.3)	-
<b>ESR</b>		
Mild	58 (68.2)	-
Severe	27 ( 31.8)	-
<b>Age at diagnosis (yr)</b>	15.49 ± 34.72	-
Range	(82-11)	-
<b>Appendectomy</b>	(3.5) 3	-
<b>Oral contraceptive consumption (female)</b>	10 ( 21.27)	-
<b>Smoking habit</b>	5 ( 5.9)	-
<b>Opium consumption</b>	14 (16.5)	-
<b>Family history of disease</b>	8 (9.4)	-
<b>Endoscopic criteria</b>		
Mild	44 (51.8)	-
Moderate	25 (29.4)	-
Severe	16 (18.8)	-
<b>Total</b>	<b>85</b>	<b>256</b>

<sup>@</sup> Mean ± SD

**Sample Preparation.** DNA was extracted from 5 ml blood samples containing EDTA and TLR4 gene polymorphisms including Asp299Gly (rs4986790) and Thr399Ile (rs4986791) were determined by PCR-RFLP (28). The sequence of the primers and the restriction enzymes are summarized in Table 2.

**Table 2. Primer sequences and restriction enzymes for TLR4 genotyping.**

Gene Location	Primers	PCR Product/ Enzyme	Genotyping
Asp299Gly (rs4986790)	5'-ATTAGCATACTTAGACTACTACCTCCATG-3'  5'-GATCAACTTCTGAAAAAGCATTCCCAC-3'	249bp  NcoI	<b>Wild type</b> (AA allele): 249
			<b>Heterozygous</b> (AG allele): 249+223+26
			<b>Homozygous</b> (GG allele): 223+26
			<b>Wild type</b> (CC allele): 407
Thr399Ile (rs4986791)	5'-GGTTGCTGTTCTCAAAGTGATTTGGGAGAA-3'  5'-ACCTGAAGACTGGAGAGTGAGTTAAATGCT-3'	407bp  HinfI	<b>Heterozygous</b> (CT allele): 407+ 378+29
			<b>Homozygous</b> (TT allele): 378+29

**PCR-RFLP.** PCR amplifications were performed based on the following conditions: initial denaturation at 96°C for 2 min followed by 35 cycles of denaturation at 95°C for 30 s, annealing at 61°C for 35 s, extension at 72°C for 30 s and final extension at 72°C for 10 min. Ten microliters of PCR products were digested by 0.5-0.25 U of allele specific restriction endonucleases NcoI (Asp299Gly) or HinfI (Thr399Ile). The restriction fragments were separated by electrophoresis on 2% agarose gels containing ethidium bromide and visualized by UV light. IL-17 serum levels were determined by ELISA technique (U- Cytech, Netherlands).

**Statistical Analysis.** Statistical analyses such as logistic, correlation, independent *t*-test, Chi-square, regression and descriptive statistic were performed by using SPSS software version 17.0. P values less than 0.05 were considered statistically significant.

**Ethical Considerations.** The study protocol was approved by the ethics committee of Kerman University of Medical Sciences and written informed consent was obtained from each patient before enrollment in the study.

IL-17 serum levels were determined by ELISA technique according to the manufacture's instruction manual (U- Cytech, Netherlands).

**RESULTS**

In this study, 256 healthy individuals (120 females and 136 males) with mean age of  $37 \pm 12$  years and 85 patients with UC (38 males and 47 females) with mean age of  $38 \pm 16$  years were included. The analysis of TLR-4 gene polymorphisms showed no significant difference in the frequencies of Asp299Gly (rs4986790) and Thr399Ile (rs4986791) between the patients and controls (Table 3). Genotype distributions were in Hardy-Weinberg equilibrium both in patients and controls.

**Table 3. Genotype and allele frequencies of Asp299Gly (rs4986790) and Thr399Ile (rs4986791) of TLR-4 gene in patients with ulcerative colitis compared to the controls.**

TLR4	Genotyping	UC		Control		p	Allele	UC		Control	
		N	%	N	%			N	%	N	%
Asp299Gly (rs4986790)	AA	75	88.2	216	84.4	0.38	A	160	94.1	471	92.2
	AG	10	11.8	39	15.2		G	10	5.9	40	7.8
	GG	0	0	1	0.4						
Thr399Ile (rs4986791)	CC	74	87	212	82.8	0.36	C	159	93.5	467	91.4
	CT	11	13	43	16.8		T	11	6.5	44	8.6
	TT	0	0	1	0.4						

On the other hand, significant relationship between Thr399Ile and involvement of colon was seen in endoscopic view of patients' colon. According to these results, patients carrying the polymorphism Thr399Ile showed milder degrees of disease in the endoscopic view (Table 4).

Linkage disequilibrium analysis was performed by using Chi-square test for Asp299Gly and Thr399Ile gene polymorphisms ( $D' = 0.803$ ,  $r^2 = 0.58$ , Pearson Chi-square=526.8) and our data showed strong linkage ( $p \leq 0.001$ ) between these two polymorphisms which is similar to the recent published data about variability of the above mentioned TLR-4 gene polymorphisms in different ethnic groups of Iran (29).

Significant difference for the serum level of IL-17 was detected between the patient and control groups. The patient group had significantly higher serum level of IL-17 in comparison with controls (Table 5).

Interestingly, a significant inverse relationship was also observed between hemoglobin levels and IL-17 so that one unit increase in IL-17 was associated with 0.22 units decline in hemoglobin level ( $p=0.039$ , correlation=  $-0.022$ ).

**Table 4. Categorization of UC patients according to the severity of disease and TLR-4 genotyping of Asp299Gly A>G and Thr399Ile C>T polymorphisms.**

TLR4	Genotype (N)	Severity of disease			P value	Odds Ratio
		N (%)				
		Mild	Moderate	Severe		
Asp299Gly (rs4986790)	AA (75)	37 (49.3)	24 (32)	14 (18.7)	0.335	-
	AG (10)	7 (70)	1 (10)	2 (20)		
	GG (0)	0 (0)	0 (0)	0 (0)		
Thr399Ile (rs4986791)	CC (74)	34 (45.9)	24 (32.5)	16 (21.6)	0.019	0.120
	CT (11)	10 (90.9)	1 (9.1)	0 (0)		
	TT (0)	0 (0)	0(0)	0 (0)		

Additionally, we divided patients based on their employment status into various groups, including housewives, employees, self-employed, unemployed and students or pupils. Interestingly, we detected a significant difference in IL-17 serum levels between the groups ( $p=0.044$ ). The highest level of IL-17 was found in the student or pupil group, ( $61.67 \pm 99.42$  pg/ml), and the lowest was in the unemployed subjects ( $3.12 \pm 1.03$  pg/ml). On the other hand, we did not see any influence of TLR-4 gene polymorphisms on IL-17 serum levels in UC patients and controls (Table 6).

**Table 5. IL-17 serum levels in UC patients and controls.**

Groups	N	IL-17( pg/ml) Mean ( $\pm$ SD)	P value, ( 95% CI)
Control	256	9.69 $\pm$ 22.77	0.003, (CI:-21.73 , -4.67)
UC	85	22.89 $\pm$ 17.57	

## DISCUSSION

The results of present study showed no relationship between the Asp299Gly A>G and Thr399Ile C>T polymorphisms in the TLR-4 gene and UC in our population. Allele and genotype distributions in our study were more similar to the results of European and Caucasian populations (14-16). Lack of association between ulcerative colitis and Asp299Gly A>G and Thr399Ile C>T gene polymorphisms has been reported from the Netherlands and some of the European populations, as well (12,13,30). On the other hand, the correlation between the forenamed gene polymorphisms and ulcerative colitis

has been shown in some other populations (31-36). Difference between races and populations might explain the controversy between the published data around the world. Endoscopic view of the colon is one of the clinical indexes for diagnosing of IBD and categorizing of UC patients into, severe, mild and moderate according to their severity of disease. Our results did not show any relationship between endoscopic appearance of UC patients colon and Asp299Gly A>G gene polymorphism.

**Table 6. Association of IL-17 serum levels in UC patients and controls with Asp299Gly A>G and Thr399Ile C>T genotypes of TLR-4.**

TLR4	UC Genotype (N)	IL-17(pg/ml) Mean ± SD	P (CI 95%)	Control Genotype (N)	IL-17(pg/ml) Mean ± SD	P (CI 95%)
Asp299Gly (rs4986790)	AA (75)	21.51 ± 56.83	0.545 (-50.16, 26.67)	AA (216)	9.88 ± 24.04	0.610 (-5.77, 9.82)
	AG (10)	33.26 ± 61.75		AG (39)	7.85 ± 13.38	
	GG (0)	0		GG (1)	41.20	
Thr399Ile (rs4986791)	CC (74)	20.65 ± 56.76	0.352 (-54.08, 19.45)	CC (212)	8.89 ± 20.75	0.218 (-12.07, 2.76)
	CT (11)	37.97 ± 60.36		CT (43)	13.54 ± 30.71	
	TT (0)	0		TT (1)	41.20	

On the contrary, a significant association was detected between Thr399Ile C>T gene polymorphism and disease severity in endoscopic view in UC patients which may indicate protective role of this genotype for patients with UC. Other researchers have not reported such a correlation between the above-mentioned polymorphisms and intestinal endoscopic view of UC patients. Therefore, to our knowledge these results are the first report of its kind and valuable because of its novelty with regard to association of Thr399Ile C>T gene polymorphism and severity of UC. UC is a multi-factorial disease and immunological factors can collaborate with genetics for increasing the susceptibility to the disease. Therefore, another goal of our research was to investigate IL-17 serum levels in UC patients and comparing with healthy controls. Our results showed a significant difference in IL-17 serum level between cases and controls. We searched a number of literatures which suggest that increasing in the level of IL-17 in supernatant of cultured cells extracted from clonal biopsies or elevation of IL-17 serum or plasma levels in patients might be associated with IBD (22,37-39). By initiation of inflammation in the colon of patients, serum level of IL-17 might be elevated and an inflammation cascade is launched which causes recruitment of immune competent cells in the area. Additionally, increasing in the level of IL-17 might be explained through the IL-17/IL-23 axis which triggers synergistic activity of a group of pro-inflammatory cytokines, resulting in increased inflammation and severe clinical outcome in patients with IBD (40). On the other hand, cytokine and chemokine production are shown to be modified by TLR-4 gene polymorphisms and innate immune responses are activated by TLR-4 signaling. Results of recent studies reveal an association between TLR-4 gene polymorphism and inflammatory cytokines such as IL-17 in biopsies of colon of UC

patients (34). Additionally, multiple tissue inflammation and wasting in mice can be induced by IL-17 through TLR-4 signaling (26). However, our results showed no statistically significant influence of TLR-4 gene polymorphisms on serum level of IL-17 in UC patients and controls. Interestingly, we could find a significant inverse relationship between serum levels of interleukin-17 and hemoglobin level in patients with ulcerative colitis. Result of recent studies indicate that inflammation status in the ulcerative colitis patient increases the production of inflammatory cytokines such as IL-1, IL-6, TNF- $\alpha$ , TGF- $\beta$ , IFN- $\gamma$  and IL-17 caused erythrocytosis suppression due to direct effects of these cytokines on hematopoiesis which finally results in anemia. Influence of the above mentioned cytokines on the hematopoiesis is performed in many ways including: a) Interfering in delivery of iron from plasma to bone marrow which is used in hematopoiesis, b) Direct inhibitory effect of IFN- $\gamma$  on erythrocytosis, c) Inhibition of erythropoietin production which is affected by IL-1, IL-6 and TNF- $\alpha$ , d) Ability of IL-17 to induce apoptosis of hematopoietic cell precursor. Additionally, in patients with chronic diseases, including IBD, prolonged inflammatory processes results in increasing excretion of blood in stool and consequently caused iron metabolism disorder due to inadequate absorption of iron and makes patients prone to iron deficiency anemia. Decreased hemoglobin level which is associated with increased IL-17 in our UC patients might be explained by employing of this knowledge (41-43). On the other hand, we could see a meaningful relationship between IL-17 and occupation in patients with ulcerative colitis. The highest level of IL-17 was detected in students either in school or in the university. Work conditions and social stress may affect the immune system and causes elevation of IL-17. Increased levels of pro-inflammatory cytokines such as IL-1, IL-6 and TNF- $\alpha$  and subsequent changes in the Th1/Th2 response profiles in psychological stress status from other researches can confirm and explain our results (44,45). Taken together, our results show no relationship between the TLR4 gene polymorphisms including Asp299Gly and Thr399Ile with UC. However, mean serum levels of IL-17 serum levels in patients with UC were significantly higher than controls ( $p=0.04$ ). Studying the profile of other cytokines may be beneficial for identifying mechanisms that exacerbate autoimmune diseases such as IBD which might help for innovation in the management and treatment of this disease.

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